

Olivette *Life*

...in the center of it all

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BREATHE EASY WITH HOUSEPLANTS



There are many reasons to grow plants indoors. Plants brighten a room and create a pleasant, beautiful climate for us. Plants clean our indoor air by taking in carbon dioxide and releasing oxygen.

Follow some general rules to keep your houseplants happy and provide a satisfying experience for you. During the shorter days of winter, plants need a chance to rest and require less water and reduced or no fertilizer. A general guide for watering houseplants is to soak each container thoroughly with room temperature water, but don't drown them, and then let the soil dry out between watering. Provide extra humidity because the air in our heated homes is very dry. Grouping plants together or placing on trays filled with pebbles and water can help increase the air humidity plus is an attractive way to display

houseplants.

Choosing the right plant for the right location is important. Many plants are happy in a bright, sunny locations but other plants grow well in bright, indirect light. Rotate your plants around on the spot to keep the growth even.

From time to time, wipe the leaves with a damp cloth to remove any dust, insects and to keep the foliage looking shiny.

In the spring, join the Olivette in Bloom volunteers in maintaining one of their three OIB gardens and learn more gardening tips.

Olivette in Bloom is a non-profit community volunteer organization with a mission to promote the natural beauty and harmony in Olivette by designing, planting, and maintaining garden sites. OIB needs you in our gardens. Check our web site www.olivetteinbloom.org for workday dates and other volunteer